Materials
- Yarn: Worsted Weight / 4 / See yarn notes below.
- Crochet Hooks: G/6/4.00mm; E/3.50mm
- Stitch Markers (4)
- Yarn Needle
- (1) 14" or 16" Square Pillow Form, or Poly-fil

Experience Level
- Intermediate

Gauge
- In ext sc: 24 sts = 5"; 16 rows = 4.5"

Size
- Fits a standard 14" or 16" square pillow form.
- See pillow form notes on page 2.

Pattern Notes
- Turning chain(s) are not included in stitch counts.
- The first stitch of each row is worked in the same stitch as the turning chain.
- **Yarn Notes:** Lion Brand Yarns Wool Ease was used for the sample shown in the photos. Another comparable worsted weight yarn may be used as long as gauge is met.
- Lion Brand Yarns Wool Ease: 80% Acrylic / 20% Wool (197 yds / 180 m / 85 g / 3 oz)
- **Yardage**
  - Fisherman: #620-099 (6 balls / 920 yards)
- **Please Read the "Important Notes" on page 2** before beginning. These notes go over how the stitches are worked in this pillow so that the cables move horizontally outward and inward.

Abbreviations (U.S. Terms)
- ch(s): chain(s)
- sl st(s): slip stitch(es)
- st(s): stitch(es)
- sc: single crochet
- ext sc: extended single crochet
- bpdc: back post double crochet
- fpdc: front post double crochet
- fptr: front post treble crochet
- fpDtr: front post double treble
- RS: Right Side
- Rnd: round
- *See Special Stitches on the next page.

Special Stitches

- **Extended Single Crochet (ext sc):** Insert hook into stitch indicated, yo, pull up a loop, yo, pull thru 1 loop on hook, yo, pull thru remaining two loops on hook.
- **Front Post Treble Crochet (fptr):** yo 2 twice, insert hook from front to back to front around the post of the designated stitch, yo, pull up a loop, (yo, pull thru 2 loops) 3 times.
- **Front Post Double Treble Crochet (fpDtr):** yo 3 times, insert hook from front to back to front around the post of the designated stitch, yo, pull up a loop, (yo, pull thru 2 loops) 4 times.
- **Forward Cable A (FWD Cbl A):** Skip next 4 post sts, fpDtr around next 4 post sts, working in front of fpDtr just made, fpDtr around each skipped post st.
- **Forward Cable B (FWD Cbl B):** Skip next 2 post sts, fptr around next 2 post sts, working in front of fptr just made, fptr around each skipped post st.

Important Notes

Keep these notes in mind while working your cabled pillow. They will help you with proper stitch placement, especially when your cables are moving horizontally, outward and inward.

- **Note #1:** *Unwritten Rule of Post Stitches:* When working post stitches, you always skip over the top loops of 1 stitch behind each post stitch. If you do not skip over those top loops, you'll end up increasing your overall stitch count. **I believe that most of us do this without even thinking about it, but when it comes to using the post stitches to create cables that move, we forget about that little tidbit.

- **Note #2:** Pay *REALLY* close attention to wording, it is very literal. The pattern always says "fpXX around next **post st**". Except for Row 2 (which is the first row of post sts) you will work *EVERY* post st around a post st from the previous row *(not around an ext sc)*. In short, make sure to work *EVERY* post st from Row 3 or later, around the post of a post st from the previous row and your cables will be where they need to be.

- **Note #3:** To achieve proper movement of cables, you may be working into *BOTH* the top loops of a post stitch and around it. Watch wording carefully and make sure to always skip the top loops of 1 stitch behind every post st.

- **Note #4:** To maintain cable movement and stitch count, there are also times when you will not be working into an ext sc. Count stitches and pay special attention to wording.

Choosing Pillow Inserts: This pattern was designed to fit both a 14" and 16" pillow form. If you prefer a looser fitting pillow cover, choose a 14" pillow form. If you prefer a tighter fitting pillow cover, choose a 16" pillow form.

Pillow Construction Notes: This cabled crochet pillow is made with two panels, one cabled panel and one solid panel. Each panel is crocheted back and forth in rows and a single crochet edging is added. After both panels are made you'll join them together with a slip stitch. While joining the cabled and solid panels together, you'll insert the pillow form and then complete the slip stitch seam.

Cabled Panel Instructions (Make 1)

Row 1 (RS): With yarn & a 4.00mm crochet hook, ch 73, *switch to 3.50mm hook, working into the back hump of the foundation ch, ext sc in the 2nd ch from your hook, ext sc in each ch across. Turn. *(72 sts)*

Row 2: Ch 1, ext sc in next 2 sts, * bpdc around next 4 sts, ext sc in next 4 sts, bpdc around next 4 sts, ext sc in next 2 sts, bpdc around next 8 sts *, ext sc in next 4 sts, bpdc around next 2 sts, ext sc in next 2 sts, bpdc around next 4 sts, ext sc in next 4 sts, bpdc around next 4 sts, ext sc in next 2 sts, then work from * to * once more, then ext sc in last 4 sts. Turn. *(72 sts)*

Row 3: Ch 1, ext sc in next 4 sts, *FWD Cbl A, ext sc in next 2 sts, FWD Cbl B, ext sc in next 4 sts, fpdc around next 4 post sts *, ext sc in next 2 sts, fpdc around next 2 post sts, ext sc in top of next post st, fpdc around same post st as last ext sc worked and around next post st, skip next st, ext sc in next 2 sts, skip next st, fpdc around next 2 post sts, ext sc in top of same post st as last fpdc worked, ext sc in top of next post st, fpdc around same post st as last ext sc worked and around next post st, skip next st, ext sc in next st, fpdc around next 2 post sts, ext sc in next 4 sts, then work from * to * once more, then ext sc in last 2 sts. Turn. *(72 sts)*

Row 4: Ch 1, ext sc in next 2 sts, * bpdc around next 4 sts, ext sc in next 4 sts, bpdc around next 4 sts, ext sc in next 2 sts, bpdc around next 8 sts *, ext sc in next 4 sts, bpdc around next 2 post sts, skip next st, bpdc around next 2 post sts, ext sc in top of same st as last bpdc worked around, ext sc in next 2 sts, ext sc in top of next post st, bpdc around same post st as last ext sc worked and around next post st, skip next 2 sts, bpdc around next 2 post sts, ext sc in top of same post st as last bpdc worked, ext sc in next st, bpdc around next 2 post sts, ext sc in next 2 sts, then work from * to * once more, then ext sc in last 4 sts. Turn. *(72 sts)*

Row 5: Ch 1, ext sc in next 3 sts, * skip next st, fpdc around next 4 post sts, ext sc in top of same st as last fpdc worked, ext sc in top of next post st, fpdc around same post st as last ext sc worked and around next 3 post sts, skip next st, ext sc in next st, ext sc in top of next post st, fpdc around same post st as last ext sc worked and next 3 post sts, skip next st, ext sc in next 2 sts, skip next st, fpdc around next 4 post sts, ext sc in the top of the same st as the last post st worked *, ext sc in next 2 sts, fpdc around next 2 post sts, ext sc in next 2 sts, FWD Cbl B, ext sc in next 4 sts, FWD Cbl B, ext sc in next 3 sts, then work from * to * once more, then ext sc in last 2 sts. Turn. *(72 sts)*

Row 6: Ch 1, ext sc in next 3 sts, * ext sc in top of next post st, bpdc around same post st as last ext sc made and around next 3 post sts, skip next 2 sts, bpdc around next 4 post sts, ext sc in top of same st as last post st worked around, ext sc in next st, skip next st, bpdc around next 4 post sts, ext sc in top of same st as last post st worked around, ext sc in next 2 sts, ext sc in top of next post st, bpdc around same post st as last ext sc made and around next 3 post sts, skip next st *, ext sc in next 2 sts, bpdc around next 4 post sts, ext sc in next 4 sts, bpdc around next 4 post sts, ext sc in next 2 sts, bpdc around next 2 post sts, ext sc in next 3 sts, then work from * to * once more, then ext sc in last 2 sts. Turn. *(72 sts)*

Row 7: Ch 1, ext sc in next 2 sts, * FWD Cbl B, ext sc in next 4 sts, fpdc around next 4 post sts, ext sc in next 2 sts, FWD Cbl A *, ext sc in next 4 sts, fpdc around next 2 post sts, ext sc in next 2 sts, FWD Cbl B, ext sc in next 4 sts, FWD Cbl B, ext sc in next 2 sts, then work from * to * once more, then ext sc in last 4 sts. Turn. *(72 sts)*

Row 8: Ch 1, ext sc in next 4 sts, * bpdc around next 8 post sts, ext sc in next 2 sts, bpdc around next 4 post sts, ext sc in next 4 sts, bpdc around next 4 post sts *, ext sc in next 2 sts, bpdc around next 4 post sts, ext sc in next 4 sts, bpdc around next 4 post sts, ext sc in next 2 sts, bpdc around next 2 post sts, ext sc in next 4 sts, then work from * to * once more, then ext sc in last 2 sts. Turn. *(72 sts)*

Row 9: Ch 1, ext sc in next 2 sts, * FWD Cbl B, ext sc in next 4 sts, fpdc around next 4 post sts, ext sc in next 2 sts, FWD Cbl A *, ext sc in next 4 sts, fpdc around next 2 post sts, ext sc in next st, skip next st, fpdc around next 2 post sts, ext sc in top of same post st as last fpdc worked around, ext sc in top of next post st, fpdc around same st as last ext sc worked and around next post st, skip next st, ext sc in next 2 sts, skip next st, fpdc around next 2 post sts, ext sc in top of same post st as last fpdc worked around, fpdc around next 2 post sts, ext sc in next 2 sts, then work from * to * once more, then ext sc in last 4 sts. Turn. *(72 sts)*

Cabled Panel Continued

Row 10: Ch 1, ext sc in next 4 sts, * bpdc around next 8 post sts, ext sc in next 2 sts, bpdc around next 4 post sts, ext sc in next 4 sts, bpdc around next 4 post sts *, ext sc in next 2 sts, bpdc around next 2 post sts, ext sc in next st, ext sc in top of next post st, bpdc around same post st as last ext sc worked and around next post st, skip next 2 sts, bpdc around next 2 post sts, ext sc in same post st as last bpdc worked around, ext sc in next 2 sts, ext sc in top of next post st, bpdc around same post st as last ext sc worked and around next post st, skip next st, bpdc around next 2 post sts, ext sc in next 4 sts, then work from * to * once more, then ext sc in last 2 sts. Turn. *(72 sts)*

Row 11: Ch 1, ext sc in next 2 sts, * ext sc in top of next post st, fpdc around same post st as last ext sc worked and around next 3 post sts, skip next st, ext sc in next 2 sts, skip next st, fpdc around next 4 post sts, ext sc in top of same st as last post st worked, ext sc in next st, skip next st, fpdc around next 4 post sts, ext sc in top of same st as last fpdc worked, ext sc in top of next post st, fpdc around same post st as last ext sc worked and around next 3 post sts, skip next st *, ext sc in next 3 sts, FWD Cbl B, ext sc in next 4 sts, FWD Cbl B, ext sc in next 2 sts, fpdc around next 2 post sts, ext sc in next 2 sts, then work from * to * once more, then ext sc in last 3 sts. Turn. *(72 sts)*

Row 12: Ch 1, ext sc in next 2 sts, * skip next st, bpdc around next 4 post sts, ext sc in top of same st as last bpdc worked, ext sc in next 2 sts, ext sc in top of next post st, bpdc around same post st as last ext sc worked and around next 3 post sts, skip next st, ext sc in next st, ext sc in top of next post st, bpdc around same post st as last ext sc worked and around next 3 post sts, skip next 2 sts, bpdc around next 4 post sts, ext sc in top of same st as last bpdc worked *, ext sc in next 3 sts, bpdc around next 2 post sts, ext sc in next 2 sts, bpdc around next 4 post sts, ext sc in next 4 sts, bpdc around next 4 post sts, ext sc in next 2 sts, then work from * to * once more, then ext sc in last 3 sts. Turn. *(72 sts)*

Row 13: Ch 1, ext sc in next 4 sts, * FWD Cbl A, ext sc in next 2 sts, fpdc around next 4 post sts, ext sc in next 4 sts, FWD Cbl B *, ext sc in next 2 sts, FWD Cbl B, ext sc in next 4 sts, FWD Cbl B, ext sc in next 2 sts, fpdc around next 2 post sts, ext sc in next 4 sts, then work from * to * once more, then ext sc in next 2 sts. Turn. *(72 sts)*

Row 14: Ch 1, ext sc in next 2 sts, * bpdc around next 4 post sts, ext sc in next 4 sts, bpdc around next 4 post sts, ext sc in next 2 sts, bpdc around next 8 post sts *, ext sc in next 4 sts, bpdc around next 2 post sts, ext sc in next 2 sts, bpdc around next 4 post sts, ext sc in next 4 sts, bpdc around next 4 post sts, ext sc in next 2 sts, work from * to * once more, then ext sc in last 4 sts. Turn. *(72 sts)*

Row 15: Ch 1, ext sc in next 4 sts, *FWD Cbl A, ext sc in next 2 sts, fpdc around next 4 post sts, ext sc in next 4 sts, FWD Cbl B *, ext sc in next 2 sts, fpdc around next 2 post sts, ext sc in top of next post st, fpdc around same post st as last ext sc worked and around next post st, skip next st, ext sc in next 2 sts, skip next st, fpdc around next 2 post sts, ext sc in top of same post st as last fpdc worked, ext sc in top of next post st, fpdc around same post st as last ext sc worked and around next post st, skip next st, ext sc in next st, fpdc around next 2 post sts, ext sc in next 4 sts, then work from * to * once more, then ext sc in last 2 sts. Turn. *(72 sts)*

Row 16: Ch 1, ext sc in next 2 sts, * bpdc around next 4 sts, ext sc in next 4 sts, bpdc around next 4 sts, ext sc in next 2 sts, bpdc around next 8 sts *, ext sc in next 4 sts, bpdc around next 2 post sts, skip next st, bpdc around next 2 post sts, ext sc in top of same st as last bpdc worked around, ext sc in next 2 sts, ext sc in top of next post st, bpdc around same post st as last ext sc worked and around next post st, skip next 2 sts, bpdc around next 2 post sts, ext sc in top of same post st as last bpdc worked, ext sc in next st, bpdc around next 2 post sts, ext sc in next 2 sts, then work from * to * once more, then ext sc in last 4 sts. Turn. *(72 sts)*

Row 17: Ch 1, ext sc in next 3 sts, * skip next st, fpdc around next 4 post sts, ext sc in top of same st as last fpdc worked, ext sc in top of next post st, fpdc around same post st as last ext sc worked and around next 3 post sts, skip next st, ext sc in next st, ext sc in top of next post st, fpdc around same post st as last ext sc worked and next 3 post sts, skip next st, ext sc in next 2 sts, skip next st, fpdc around next 4 post sts, ext sc in the top of the same st as the last post st worked *, ext sc in next 2 sts, fpdc around next 2 post sts, ext sc in next 2 sts, FWD Cbl B, ext sc in next 4 sts, FWD Cbl B, ext sc in next 3 sts, then work from * to * once more, then ext sc in last 2 sts. Turn. *(72 sts)*

Cabled Panel Continued

Row 18: Ch 1, ext sc in next 3 sts, * ext sc in top of next post st, bpdc around same post st as last ext sc made and around next 3 post sts, skip next 2 sts, bpdc around next 4 post sts, ext sc in top of same st as last post st worked around, ext sc in next st, skip next st, bpdc around next 4 post sts, ext sc in top of same st as last post st worked around, ext sc in next 2 sts, ext sc in top of next post st, bpdc around same post st as last ext sc made and around next 3 post sts, skip next st *, ext sc in next 2 sts, bpdc around next 4 post sts, ext sc in next 4 sts, bpdc around next 4 post sts, ext sc in next 2 sts, bpdc around next 2 post sts, ext sc in next 3 sts, then work from * to * once more, then ext sc in last 2 sts. Turn. *(72 sts)*

Row 19: Ch 1, ext sc in next 2 sts, * fpdc around next 4 post sts, ext sc in next 4 sts, FWD Cbl B, ext sc in next 2 sts, FWD Cbl A *, ext sc in next 4 sts, fpdc around next 2 post sts, ext sc in next 2 sts, FWD Cbl B, ext sc in next 4 sts, FWD Cbl B, ext sc in next 2 sts, then work from * to * once more, then ext sc in last 4 sts. Turn. *(72 sts)*

Row 20: Ch 1, ext sc in next 4 sts, * bpdc around next 8 post sts, ext sc in next 2 sts, bpdc around next 4 post sts, ext sc in next 4 sts, bpdc around next 4 post sts *, ext sc in next 2 sts, bpdc around next 4 post sts, ext sc in next 4 sts, bpdc around next 4 post sts, ext sc in next 2 sts, bpdc around next 2 post sts, ext sc in next 4 sts, then work from * to * once more, then ext sc in last 2 sts. Turn. *(72 sts)*

Row 21: Ch 1, ext sc in next 2 sts, * fpdc around next 4 post sts, ext sc in next 4 sts, FWD Cbl B, ext sc in next 2 sts, FWD Cbl A *, ext sc in next 4 sts, fpdc around next 2 post sts, ext sc in next st, skip next st, fpdc around next 2 post sts, ext sc in top of same post st as last fpdc worked around, ext sc in top of next post st, fpdc around same st as last ext sc worked and around next post st, skip next st, ext sc in next 2 sts, skip next st, fpdc around next 2 post sts, ext sc in top of same post st as last fpdc worked around, fpdc around next 2 post sts, ext sc in next 2 sts, then work from * to * once more, then ext sc in last 4 sts. Turn. *(72 sts)*

Row 22: Ch 1, ext sc in next 4 sts, * bpdc around next 8 post sts, ext sc in next 2 sts, bpdc around next 4 post sts, ext sc in next 4 sts, bpdc around next 4 post sts *, ext sc in next 2 sts, bpdc around next 2 post sts, ext sc in next st, ext sc in top of next post st, bpdc around same post st as last ext sc worked and around next post st, skip next 2 sts, bpdc around next 2 post sts, ext sc in same post st as last bpdc worked around, ext sc in next 2 sts, ext sc in top of next post st, bpdc around same post st as last ext sc worked and around next post st, skip next st, bpdc around next 2 post sts, ext sc in next 4 sts, then work from * to * once more, then ext sc in last 2 sts. Turn. *(72 sts)*

Row 23: Ch 1, ext sc in next 2 sts, * ext sc in top of next post st, fpdc around same post st as last ext sc worked and around next 3 post sts, skip next st, ext sc in next 2 sts, skip next st, fpdc around next 4 post sts, ext sc in top of same st as last post st worked, ext sc in next st, skip next st, fpdc around next 4 post sts, ext sc in top of same st as last fpdc worked, ext sc in top of next post st, fpdc around same post st as last ext sc worked and around next 3 post sts, skip next st *, ext sc in next 3 sts, FWD Cbl B, ext sc in next 4 sts, FWD Cbl B, ext sc in next 2 sts, fpdc around next 2 post sts, ext sc in next 2 sts, then work from * to * once more, then ext sc in last 3 sts. Turn. *(72 sts)*

Row 24: Ch 1, ext sc in next 2 sts, * skip next st, bpdc around next 4 post sts, ext sc in top of same st as last bpdc worked, ext sc in next 2 sts, ext sc in top of next post st, bpdc around same post st as last ext sc worked and around next 3 post sts, skip next st, ext sc in next st, ext sc in top of next post st, bpdc around same post st as last ext sc worked and around next 3 post sts, skip next 2 sts, bpdc around next 4 post sts, ext sc in top of same st as last bpdc worked *, ext sc in next 3 sts, bpdc around next 2 post sts, ext sc in next 2 sts, bpdc around next 4 post sts, ext sc in next 4 sts, bpdc around next 4 post sts, ext sc in next 2 sts, then work from * to * once more, then ext sc in last 3 sts. Turn. *(72 sts)*

Row 25: Ch 1, ext sc in next 4 sts, * FWD Cbl A, ext sc in next 2 sts, FWD Cbl B, ext sc in next 4 sts, fpdc around next 4 post sts *, ext sc in next 2 sts, FWD Cbl B, ext sc in next 4 sts, FWD Cbl B, ext sc in next 2 sts, fpdc around next 2 post sts, ext sc in next 4 sts, then work from * to * once more, then ext sc in next 2 sts. Turn. *(72 sts)*

Cabled Panel Continued

Row 26: Ch 1, ext sc in next 2 sts, * bpdc around next 4 post sts, ext sc in next 4 sts, bpdc around next 4 post sts, ext sc in next 2 sts, bpdc around next 8 post sts *, ext sc in next 4 sts, bpdc around next 2 post sts, ext sc in next 2 sts, bpdc around next 4 post sts, ext sc in next 4 sts, bpdc around next 4 post sts, ext sc in next 2 sts, work from * to * once more, then ext sc in last 4 sts. Turn. *(72 sts)*

Row 27: Ch 1, ext sc in next 4 sts, *FWD Cbl A, ext sc in next 2 sts, FWD Cbl B, ext sc in next 4 sts, fpdc around next 4 post sts *, ext sc in next 2 sts, fpdc around next 2 post sts, ext sc in top of next post st, fpdc around same post st as last ext sc worked and around next post st, skip next st, ext sc in next 2 sts, skip next st, fpdc around next 2 post sts, ext sc in top of same post st as last fpdc worked, ext sc in top of next post st, fpdc around same post st as last ext sc worked and around next post st, skip next st, ext sc in next st, fpdc around next 2 post sts, ext sc in next 4 sts, then work from * to * once more, then ext sc in last 2 sts. Turn. *(72 sts)*

Row 28: Ch 1, ext sc in next 2 sts, * bpdc around next 4 sts, ext sc in next 4 sts, bpdc around next 4 sts, ext sc in next 2 sts, bpdc around next 8 sts *, ext sc in next 4 sts, bpdc around next 2 post sts, skip next st, bpdc around next 2 post sts, ext sc in top of same st as last bpdc worked around, ext sc in next 2 sts, ext sc in top of next post st, bpdc around same post st as last ext sc worked and around next post st, skip next 2 sts, bpdc around next 2 post sts, ext sc in top of same post st as last bpdc worked, ext sc in next st, bpdc around next 2 post sts, ext sc in next 2 sts, then work from * to * once more, then ext sc in last 4 sts. Turn. *(72 sts)*

Rows 29 - 52: Repeat Rows 5 - 28. *Do not turn at the end of the last row.*

Do not fasten off. Continue to Panel Edging. Finished panel should measure approximately 15" W x 14-5/8" H.

Panel Edging

Rnd 1 (RS): Continuing on from the Cabled Panel with a 3.50mm crochet hook, crochet around the perimeter of the cabled panel by working 1 sc into each st and adding 1 extra sc into each corner. Join with a sl st to the 1st st. *(252 sts)*

Fasten off. Weave in ends. Continue to Solid Panel.

Solid Panel Instructions (Make 1)

Row 1 (RS): With yarn & a 4.00mm crochet hook, ch 73, *switch to 3.50mm hook, working into the back hump of the foundation ch, ext sc in the 2nd ch from your hook, ext sc in each ch across. Turn. *(72 sts)*

Rows 2 - 52: Ch 1, ext sc in each st across. Turn. *(72 sts) Do not turn at the end of the last row.*

Do not fasten off. Continue to Panel Edging. Finished panel should measure approximately 15" W x 14-5/8" H.

Panel Edging

Rnd 1 (RS): Continuing on from the Solid Panel with a 3.50mm crochet hook, crochet around the perimeter of the cabled panel by working 1 sc into each st and adding 1 extra sc into each corner. Join with a sl st to the 1st st. *(252 sts)*

Fasten off. Weave in ends. Continue to Pillow Assembly.

Pillow Assembly

Step 1: Lay the two panels on top of one another. Make sure to line up the first and last rows of each panel. Use locking stitch markers to hold the panels together at each corner.

Step 2: Hold the panels so that the cabled panel is facing you, with yarn & a 3.50mm crochet hook, join yarn in any corner stitch with a slip stitch, then slip stitch (surface crochet) in each stitch around three of the sides of the crochet pillow cover, *making sure to work through both layers*. Do not fasten off.

Step 3: Insert the pillow form into the pillow cover, or stuff with Poly-fil. Continue to slip stitch along the last side of the panels.

Fasten off. Weave in ends.